



# COASTAL HEADACHE CLINIC

*Compassionate Headache and Migraine Care*

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## HEADACHE DIARY

DATE	TIME (start/finish)	INTENSITY (rate 1 – 10)	PRECEDING SYMPTOMS	TRIGGERS	MEDICATION USED	RELIEF? (complete/incomplete)

PHONE (910) 238-2050  
FAX (910) 238-2310

1715-B COUNTRY CLUB RD  
JACKSONVILLE, NC 28546